



The Link Food Centre

Food hamper distribution

Tuesdays

10:00 am – 12:00 pm

Thursdays

4:00 pm – 6:00 pm

Pick up food hampers once every two weeks on Tuesday or Thursday.

Or visit our Mobile Food Centre on the Southside on alternating Wednesdays.

For more information, please call 250-692-0316

We look forward to seeing you!