



Fall/Winter 2021 – Program and Service Update

29 years of Service!!

The Lakes District family Enhancement Society was started in 1992 by a few committed individuals who saw a need in the community and wanted to do something about it.

29 years later, the society is still doing important work and this year was recognized as the Burns Lake Chamber of Commerce Non-Profit of the year!!



The Link Food Centre Renovations

Work will be starting on a new accessible entrance and loading dock as well as a new bathroom and storage in the Food Centre building. We will be remaining open during the renovations.

New energy efficient air handling units were also installed in July.



Garden and Greenhouse

This summer we grew over 1100 pounds of fruits and vegetables!!!

Thank you to the staff and students of William Konkin and Morris Williams Elementary Schools for all your help!!



Ashurst Children's Centre

Enjoying the sun and the fall leaves!



Coming Soon

Better At Home Program

This program will help seniors to age in place by supporting the non-medical needs of seniors living in their own home. Examples of services include:

- Friendly visiting
- Transportation
- Light yard work
- Minor home repairs
- Light housekeeping
- Grocery shopping
- Snow shoveling

Services starting in February





What we do:

Barb (name has been changed), a single mother of 3 children, regularly attends The Link - Healthy Start program. Healthy Start is a pre-natal nutrition program that connects to some of the most isolated moms, often living under duress, in the community.

Despite not being able to meet face to face for the last year, group participants like Barb have been able to stay connected to the program and each other. In partnership with Carrier Sekani Family Services, Elizabeth Fry Society and Cheslatta Carrier Nation, program staff have prepared, and distributed “Wellness Boxes” filled with recipes, health food ingredients and crafts and activities for children. The wellness boxes and regular online group chats and video conferences are often a lifeline for participants.

“Thank you for the wellness box. I am going to do some self-care before I open the other bag of goodies. My kids are so excited, they look forward to the crafts and food every week!”

-Healthy Start participant



The Link’s Season of Giving Funding Drive and Secret Santa’s Workshop are in progress!



We are always looking for awesome people to join our team!

- Better at Home Manager
- Early Childhood Educators
- Mobile Food Centre Driver for hot lunch program