



# The Link Food Centre

Food hamper distribution:

**Tuesdays**

10:00 am – 12:00 pm

**Thursdays**

4:00 pm – 6:00 pm

Pick up food hampers once every two weeks on Tuesday or Thursday.

Or visit our Mobile Food Centre

in Granisle or the Southside on alternating Wednesdays.

For more information, please call 250.692.0316

**We look forward to seeing you!**