

Winter 2024 Program and Service Update

Season Of Giving

Our Season Of Giving campaign helps provide much needed resources for the Christmas Season. It also helps sustain our programs throughout the year. Every year hundreds of local people and businesses make donations. We are grateful and humbled by the support we receive from the community!

Thank you so much!

Season of Giving

With costs of living skyrocketing, we anticipated an equally significant increase in demand for Food Centre services this year.

This year 202 families received a Christmas hamper. This is a 14% increase over last year.

There was also a 27% increase in the number of children (177 total) who received a gift at the Secret Santa Workshop.



Brooklynn and Taylor sorting through donations and preparing hampers



Secret Santa Workshop



830 KG of donated food from the LD Ambulance Society's food drive. They also raised over \$5,500!!

Seniors Programs

These vibrant programs continue to grow. Some highlights from 2023 include completing the delivery of 70 emergency preparedness kits and delivering over 500 rides & 3000 meals to seniors in our communities!

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Merly cooking meals for seniors to be delivered to clients' homes



Kay and Ann helping at the Seniors Drop in at the Heritage Church. They are also an integral part of The Link's Seniors Advisory Committee.

A note of appreciation to you [Elaine] and The Link's program that supported Helen's sense of independence over her last few years at Tweedsmuir House. She loved to go out driving and you made sure that happened. The program filled a gap while helping Helen to stay connected to the broader community. On behalf of Helen, her family and I thank you for delivering it with such care and kindness.

- Family member of a **Better-At-Home** client

Meals at the Southside ambulance station ready to be delivered by the ambulance crew



Ashurst Children's Centre

Enjoying the snow!!

We still have one space open on the Infant/toddler side and 3 spaces open on the Preschool side



New Food Security Program

We have received funding from NDIT and hiring begin in January! The program will focus on:

1. Improving community food systems

- purchasing more local food from farmers and ranchers
- accepting, sorting and distributing food from stores and businesses

2. Building food skills knowledge and opportunities for community members

- Working with clients, teachers and other service providers
- Creating volunteer and work experience opportunities

3. Providing individual outreach supports

 New and existing Link clients that live in poverty will have access to outreach supports





Offering services that support and advance children, individuals and families in the Lakes District.



Lakes District Family Enhancement Society



The 2023 LDFES Annual General Meeting was held on December 12, 2023.

A link to the Director's Report can be found at our website.

https://thelink-ld.ca/programs/

The Link



Last Year



Hampers Provided



Daycare families



Meals delivered to seniors



Workshops and lunches for moms

35 Years

Providing quality programs in the community

Programs

- Food Centre
- Seniors Programs
- Healthy Start
- Community Connections
- Ashurst Children's Centre
- Education & advocacy

How to Get Involved

- Donate food
- Volunteer your time
- Join a program



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Community Partners



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Donors to Link programs



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2022/2023 Statistics