

The Family Enhancement Society is a community-based organization that offers services that facilitate the advancement of families, individuals, children and youth

Lakes District Family Enhancement Society

# Summer 2022 – Program and Service Update

# 30 years in the community!!

The Lakes District Family Enhancement Society was started in 1992 and has been serving the community for 30 years!

The society has been a registered charity for 25 years!

## Seniors' Programs

The Link offers a variety of Programs designed to that help seniors stay connected to the community and to age in place and remain in their home. Programs include:

- Better at Home
- Meals on Wheels
- The Rambler Bus





The Link has many volunteer opportunities:

- In the Link garden
- Repacking at the Food Centre
- Driving seniors to appointments
- Delivering meals and medication
- Friendly visiting (in person or on the phone)

Contact us for more information 250-251-1466

#### The Link Food Centre

#### Hot Meal Program

Throughout the winter and spring, the Food Centre served 3 hot meals a week. Some meals were donated by local businesses and others were paid for through a grant from Food banks Canada.

Unfortunately, the program is not running through the summer as we search for more funding to continue this program.





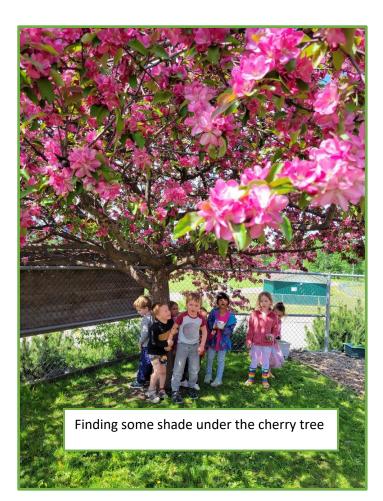
## Students helping in the garden

Students from local schools spent hundreds of hours preparing beds, planting, harvesting and learning about growing their own food!



#### Ashurst Children's Centre

The daycare will be open through July and then resuming normal programming in September





Attending the Indigenous People's day parade

Saying goodbye to 7 graduates at the end of the year picnic

